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Please provide the following confidential information. Please Print.

Today's Date _____

Client

Name _____ Preferred Name _____
First Middle Last

Address _____
Number Street City State Zip

Home # _____ Cell # _____ Work # _____

Social Security Number: _____

Date of Birth _____ Age _____ Sex: _____

Employer _____ Job Title/Occupation _____

Work Address _____
Number Street Suite# City State Zip

Religious Affiliation or Spiritual Practice _____

Primary Care Physician _____ Date of Last Exam _____

Psychiatrist (if applicable) _____ Date of Last Appointment _____

Relational Status: Single Partnered Married Committed Separated Divorced Widowed Other

Length of Current Relationship _____

Dates of Previous Marriage(s)/Committed Relationship(s): _____

Dependent(s) Names/ Age(s) _____

Who may I thank for referring you: _____

Briefly Describe Your Reasons for Seeking Counseling: _____

My symptoms include (place a check mark next to all that apply):

- | | | |
|-------------------------------------|------------------------------------|--|
| Sadness _____ | Changes in appetite _____ | Self-injury _____ |
| Insomnia _____ | Decreased self-esteem _____ | Eating Disorder/Body image _____ |
| Hypersomnia _____ | Relationship difficulties _____ | Academic/Occupational difficulties _____ |
| Crying spells _____ | Troubling or racing thoughts _____ | |
| Suicidal Thoughts _____ | Paranoia _____ | |
| Decrease in pleasure _____ | Feeling out of control _____ | |
| Fatigue/no energy _____ | Thoughts of harming others _____ | |
| Difficulty concentrating _____ | Confused or forgetful _____ | |
| Anxiety/fear/worry _____ | Drug/alcohol use/abuse _____ | |
| Hopelessness _____ | Panic attacks _____ | |
| Helplessness _____ | Indecisiveness _____ | |
| Excessive/inappropriate guilt _____ | Impulsivity _____ | |
| Irritability _____ | Other: _____ | |

Physical Symptoms: _____

Please List Goals (as many you would like) for Current Counseling: _____

Prior Outpatient Treatment (Other mental health professionals you have worked with; add dates if possible): _____

Inpatient Psychiatric Treatment: Yes _____ No _____ If yes, please list dates, location, and reason for admission: _____

Medical Problems or History of Medical Problems: Yes _____ No _____ If yes, please describe: _____

Current Medications & Dosage (Prescription/Herbal/Other): Prescribed by: _____

List medication names: _____

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Has anyone in your family (blood relatives) ever been diagnosed with a mental illness? Yes ___ No ___

If yes, please indicate your relationship to this person(s) and diagnosis (if known): _____

Has anyone in your family ever attempted/committed suicide? Yes ___ No ___

If yes, please indicate your relationship to this person(s) and any additional information you can offer: _____

Any Additional Information (add any additional information you feel is relevant to your reasons for seeking counseling):

Emergency Contact(s):

Name(s) _____ **Relationship(s)** _____

Day Telephone # _____ **Evening #** _____

Address _____
Number Street City State Zip

Name(s) _____ **Relationship(s)** _____

Day Telephone # _____ **Evening #** _____

Address _____
Number Street City State Zip

Payment Information

Financially Responsible Party: Self _____ Other _____ **If Self, Give Billing Address Below:**

Same as Previously Given _____, or:

Address _____
Number Street City State Zip

If Financially Responsible Party Is Not the Client, Please Provide the Following Information:

Responsible Party's Name _____
First Middle Last

Relationship to Patient _____

Billing Address _____
Number Street City State Zip

Home # _____ **Cell #** _____ **Work #** _____

Employer _____ **Job Title/Occupation** _____